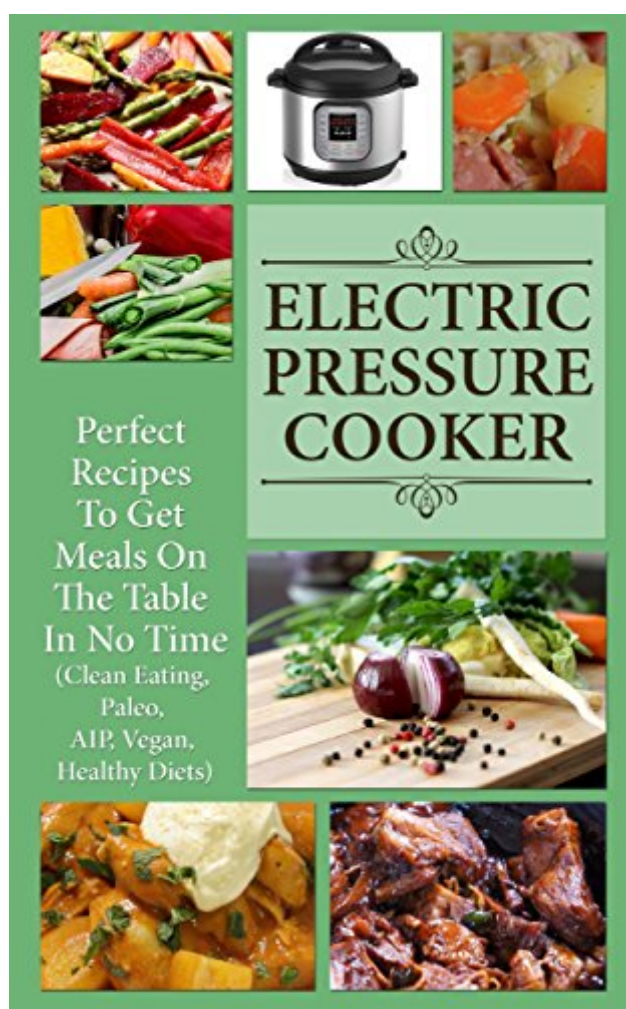


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# Electric Pressure Cooker: Perfect Recipes To Get Meals On The Table In No Time (Clean Eating, Paleo, AIP, Gluten Free, Vegan, Healthy Diets, Nourishing, Cookbook)



## Synopsis

Electric Pressure Cooker: 170 Perfect Recipes To Get Meals On The Table In No Time Would you like to learn of 170 quick and easy delicious electric pressure cooker recipes? Cook Up Amazing Instant Electric Pressure Cooker Recipes Today! \*Special Bonus Included Great Nutrition is the way to great mental and physical wellbeing. Eating a balanced diet is an essential piece for good health. The food you eat influences the way you feel and how your body functions. Variety, balance, and moderation are keys to good nutrition. An assortment of foods, including vegetables, fruits, grain, and protein, are key to ensure you get the full scope of supplement for good wellbeing. In this book, you'll get healthy breakfast, lunch, and dinner recipes that are quick and easy to make. And Much More! This book can help you! Want to know more? Download your copy today to get this great cookbook! Scroll to the top of the page and select the "buy button."

## Book Information

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## Customer Reviews

Thanks to Healthy living for this excellent cooking guide. I found all 173 recipes are easy to prepare and delicious. This book explains advantages of electric pressure cooker and tips of using an electric pressure cooker. The recipes are categorized into 3, breakfast, lunch and dinner recipes.

Cocoa Beef Chilly is one of my favorites and it comes under diner recipes.

This is a quick and easy way to prepare meals using the Electric Pressure Cooker. The book offers a list of amazing Pressure Cooker recipes that are not only easy to prepare but also very delicious to enjoy. I have always had difficulty cooking and this book is like a short cut and a way to solving all my cooking problems. This is generally the best way to cooking and enjoying your meals at a very short period of time,.

I got electric pressure cooker from my mum for my birthday but I didn't have proper cookbook. So this is why I got this book. I have to say that it has been from great help to me because it showed me how to properly use the pressure cooker and how to prepare delicious recipes. The best about it is that I use only one pot for the whole meal. I definitely recommend this cookbook!

As we grow older, our life gets busier. Most of us do not have the luxury of time to stay longer in our kitchen. Thus, we still need to eat healthy and tasty foods. I found this book as a perfect answer of my cravings. Electric Pressure Cooker recipes are recommended for busy people. Since we cannot compromise our health and we always want to eat tasty food, then, this book is perfect.

I had purchased my cooker a while ago but it had remained unused until I purchased this book recently. With 170 recipes to choose from, I can now put my cooker to good use and I can always find something interesting to cook. I love the fact that not only are there a great number of recipes in this book but the author also provides the advantages of this type of cooker and useful tips on how best to use the cooker. My favorite recipes were the bread pudding with chocolate and the chicken tortilla wraps which proved to be very popular at my dinner parties. A great recipe book and must have if you own one of these fantastic cookers.

The recipes seemed so-so and there was a lot of free material or a shortage of recipes, depending on whether you like the "extras". One section was on how to blog. You might like this but I had no need for it.

What a bargain! This book has 170 delicious recipes and I got it free on kindle unlimited!! This book has every single healthy recipes available on earth; breakfast, lunch, dinner, soups, deserts, beef, tuna, pork, veal, chicken, vegetarian, seafood. I also liked the fact that recipes don't require so

many ingredients so they are just simpler for me to do. The book is also very well organized. I highly recommend; 5 stars!

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